

**SREE SIDDAGANGA COLLEGE OF ARTS SCIENCE & COMMERCE FOR WOMEN,
TUMKUR-2**

HEALTH AWARENESS PROGRAM REPORT 2014

Co-

Ordinator Smt.L.Girija

MEMBER Smt.Sumangamma
Smt.Shahnaz Fathima
Smt.Divya.K.
Smt.Kalpana Mahesh

Venue: PU Auditorium

Report:

Every year, in the month of July our college organises a orientation program for Ist year students, a health awareness program for 2nd year students and a placement program for 3rd year students.

On 7.7.2014 the program was organised in the PU auditorium. The program was inaugurated by the principal Smt.V.Nalinakshi.

The program was held in three sessions the Ist session was for BA students between 9.00 to 10.30. The 2nd session was for B.Sc & BBM students between 11.00 to 12.30 and the third session was for B.Com students between 12.30 to 2.00PM.

Each session was divided into three sections. In the first section, Smt.L.Girija spoke about population explosion, physical and psychological changes in adolescents, She spoke about conception, contraception and communicable diseases. Smt.Shahnaz Fathima spoke about AIDS and anemia among girls. Smt K.Divya spoke about sexual abuse, importance of nutrition and physical exercise on youth. Smt.Sumangamma spoke about preciousness of life and Smt.Kalpana Mahesh Spoke about adolescent problems and stress management in youth. The program was interactive.

In the last twenty minutes, feed back, both oral and written was taken from the students.

93% Rated the program as excellent and 7% as good.



HEALTH AWARENESS PROGRAM REPORT 2015

Co-Ordinator Smt.L.Girija
MEMBER Smt.Sumangamma
Smt.Shahnaz Fathima
Smt.Divya.K.
Smt.Kalpana Mahesh
Venue: PU Auditorium

Report:

On 17.7.2015 the program was organised in the PU auditorium. The program was inaugurated by the principal Smt.V.Nalinakshi.

The program was held in three sessions the Ist session was for BA students between 9.00 to 10.30. The 2nd session was for B.Sc & BBM students between 11.00 to 12.30 and the third session was for B.Com students between 12.30 to 2.00PM.

Smt.Shahanaz Fathima welcomed the gathering , Smt.L.Girija Spoke about the programe, the Principal, in her presidential remarks appreciated the program and asked the students to benefit from it.

Each session was divided into three sections. In the first section, Smt.L.Girija spoke about population explosion, physical and psychological changes in adolescents, She spoke about conception, contraception and communicable diseases. Smt.Shahanaz Fathima spoke about AIDS and anemia among girls. Smt K.Divya spoke about sexual abuse, importance of nutrition and physical exercise on youth. Smt.Sumangamma spoke about preciousness of life and Smt.Kalpana Mahesh Spoke about adolescent problems and stress management in youth. The program was interactive.

Feed back, about the programe was taken from the students and their queries were answered.

90% Rated the program as excellent and 10% as very good.



HEALTH AWARENESS PROGRAM REPORT 2016

Co-Ordinator	Smt.Shahnaz Fathima
MEMBER	Smt.Jayamma
	Smt.Madhushree
	Smt.Kalpana Mahesh
Venue:	PU Auditorium

Report:

On 12.07.2016 the program was organised in the PU auditorium. The program was inaugurated by the principal Smt.V.Nalinakshi.

The program was held in three sessions the Ist session was for BA students between 9.00 to 10.30. The 2nd session was for B.Sc & BBM students between 11.00 to 12.30 and the third session was for B.Com students bwtween 12.30 to 2.00PM.

Smt.Shahanaz Fathima welcomed the gathering and Spoke about the programe, the Principal, in her presidential remarks lauded programme as an unique feature of the college and requested the students to benefit from it.

Each session was divided into three sections. In the first session Smt.Shahanaz fathima spoke about population explosion, physical and psychological changes in adolescents, she also spoke about conception, contraception and communicable diseases. Smt.Kalpana Mahesh spoke at length about time management, anger and stress management. She also spoke about how to deal with emotional and psychological problems.

Feed back, about the programe was taken from the students and their queries were answered.

94% Rated the program as excellent and 06% as very usefull.



HEALTH AWARENESS PROGRAM REPORT 2017

Co-Ordinator Smt.L.Girija
MEMBER Smt.Shahnaz Fathima
Smt.Jayamma

Special Invitee: Dr.Mathangi.M.D. B.G.S.Global Hospital. Bangalore.

Venue: PU Auditorium

Report

On 07.07.2017 the program was organised in the PU auditorium. The program was inaugurated by the principal Dr.D.N.Yogeeshwarappa

The program was held in two sessions. The Ist session was for BA.B.Sc & BBM students between 9.30 to 11.00. The 2nd session was for B.Com students between 11.30 to 1.00PM

Smt.Shahanaz Fathima welcomed the gathering, Smt.L.Girija Spoke about the programe, the Principal, in his presidential remarks requested the students to make good use of the programme.

Each session was divided into three sections. In the first section, Smt.L.Girija spoke about population explosion, physical and psychological changes in adolescents, She spoke about conception, contraception and communicable diseases. Smt.Shahanaz Fathima spoke about AIDS and anemia among girls.

Dr.Mathangi spoke about Cancer , its causes, awareness, for the sake of prevention and cautioned the students about taking health for granted.

Smt. L.Girija also spoke about sexual abuse and requested the students to be cautious during social interactions with strangers.

Smt.Shahanaz Fathima spoke about the preciousness of life and requested the students to be careful during adolescence as decisions taken now will have repercussions in the future.

Feed back, about the programe was taken from the students and their queries were answered.

Most of the students appreciated the talk and gave a positive feed back.



HEALTH AWARENESS PROGRAM REPORT 2018

Co-Ordinator
MEMBER

Smt.Shahnaz Fathima
Kum.Harshitha
Kum.Manjula
Kum.Nayana
Dr.Sharath
Vishwaraj.M.D.
Akkamahadevi Seminar
Hall

Special Invitee: Dr.Mathangi.M.D. B.G.S.Global Hospital.
Bangalore.

Venue:

Report
On 12.07.2018 the program was organised in our Akkamahadevi seminar hall. The program was inaugurated by the principal Dr.D.N.Yogeeshwarappa
The program was held in two sessions the Ist session was for BA/B.Sc& BBM students between 9.30 to 11.00. The 2nd session was for B.Com students between 11.30 to 1.00PM
The program began with an invocation by Kum.Farha, Kum.Devika welcomed the gathering, Kum.Chinmayee introduced the guest of the day Dr.Sharath Vishwaraj.M.D. Smt.Shahanaz Fathima gave an introduction about the programme
Dr.Sharath Vishwaraj.M.D. (Psychiatry) spoke extensively about the problems of adolescents ranging from infatuation to lack of concentration among youngsters. He also answered all the questions posed by the students and clarified all their doubts.
Smt. Shahanaz Fathima spoke about the female reproductive system, menstruation, personal hygiene, conception, contraception and also about human values.
At the end of his talk Dr.Sharath was felicitated by the Principal. Kum.Devika proposed the vote of thanks.
The feedback was taken by the students. The students greatly appreciated the program.

