# SREE SIDDAGANGA COLLEGE OF ARTS SCIENCE AND COMMERCE FOR WOMEN WOMEN EMPOWERMENT CELL

#### **VISION**

To strengthen the Power and Voices of Women that nurtures the leadership to reach their potential.

#### **MISSION**

The Women Empowerment cell strives to create self esteemed decision makers and to build a global community of empowered women.

#### **AIMS AND OBJECTIVES**

- To empower girl students for over all development.
- To enhance understanding issues related to women.
- To create awareness of their rights and duties, importance of social upliftment.

To make all possible efforts in empowering women by inculcating awareness about gender- sensitization.

Creating awareness about social and legal rights for Women.

Instill Values, Develop Personality and leadership quality in Women.

#### About the women empowerment cell

The Women Empowerment Cell of Sree Siddaganga College of Arts Science and Commerce came into exisistance and started functioning as an independent cell from 2005. Smt M.S. Vijayakumari was the convener of nine members committee.

The Principal of the College being the chairman, Selects the Convener, Co-convener and members. The committee meets twice in a semester to organize and execute programmes.

Every year the cell organizes Inaugural function, Guest lectures, Workshops, Motivational talks to create awareness among the girl students towards their Social responsibilities.

In the year 2014-15 Smt Shakunthala C V and Mrs Vasanta K M , Dept of kannada took the responsibility of convener and co- convener of the cell respectively with seven members.

In the year 2015-16 Smt Nayana. M Dept of Commerce and Smt Vasantha Dept of kannada are the convener and co- convener respectively with twelve members.

#### PRESENT STATUS OF WOMEN EMPOWERMENT CELL

From 2016-17 Smt Vijayalatha R. S. Dept of Zoology took the charge of leading the cell with Smt Divya K Dept of English as co-convener.

- 1. CHAIRMAN- Dr. D N Yogeeshwarappa Pricipal, SSCASCW
- 2. IQAC Coordinator: K. R. Madhava, HOD of Mathematics
- 3. Convener- Smt VijayaLatha. R. S. Dept of Zoology
- 4. Co-Convener- Smt Divya .K. Dept of English

#### **MEMBERS**

SL NO	Name of the member	Department
1	Smt SHAKUNTALA C.V.	Kannada
2	Smt PAVANA B S.	Economics
3	Smt NAYANA M	Commerce & BBM
4	Smt NAYANA Y	Computer Science
5	Smt DEEPTI K MURTHY	Micro-Biology
6	Smt SHWETHA C.S.	Kannada
7	DIVYA	Chemistry
8	G CHIDANANDA MURTHY	Botany
9	THOMUS FRANCIS	Physics

#### **BEST PRACTICES**

Following are the Best Practices in connection with the Empowerment of Women.

Every year in the Month of March Celebration of International Womens' Day, Ethnic day, Debate Competition, Open discussions are held.

Other Programs of the Cell are:

Self Defense, Handloom awareness, Riffle Shooting training, Awareness Programme on Breast feeding, Eye Donation and Protection, Vivekananda Jayanti, Interactive sessions for Health awareness with eminent doctors, Prevention of Suicidal Tendency, Work Shop on Gender Sensitization.

All the above mentioned programs are organized in Collaboration with local Inner Wheel Club, Lions club, Ministry of Textiles Government of India, and other Non Government Organizations.

#### **ACTIVITIES CONDUCTED BY THE WOMEN EMPOWERMENT CELL**

#### 2013-2014

In the year 2013-2014 the activities started with the celebration of International Women's Day on 11-10- 2013 in Collaboration with Women and Child Welfare Department, Govt of Karnataka. Smt Sujatha N. Deputy Director, Women and Child Welfare Department Govt of Karnataka was the Chief Guest. Smt kavitha, Probationary Officer Spoke on the Occasion. Dr Nagabushana Princpal SSCASCW Precided over the Occasion.



On 30<sup>th</sup> Jan 2014 a Programme was organized on the theme Self Defence is an art, Sree S Shihan Danjay, Srinivas of Yosa Training Institute Spoken the occasion and trained the students on Self Defence Mechanism, Dr Nagabushana Princpal SSCASCW Precided over the Occasion.

On 14-2-2014 Empowerment Cell with the Collaboration of Textile Committee Ministry of Textiles, Govt of India organized a Programme on awareness of Handlooms. J. D. Burman Joint Director Textile Committee Bangalore inaugurated the Programme. Sree Suresh kumar, Guest of honour gave an exasestive information about the uses of Handlooms and the Problems faced by weavers and possible solution to it. Smt Nalinakshi Principal, SSCASCW Precided the function.









From 26-2-2014 to 8-3-2014 a ten day training on Riffle Shooting was conducted in College in Collaboration with District Police Department Tumkur.



International Womens' Day was celebrated on 28-3- 2014 on the Theme "Equality for women in Progress for all". Smt Shyla Nagaraju inaugurated the function and Spoke on the importance of Education and Equality for Women in the Society. Smt Nalinakshi Principal SSCASCW Precided the function.





The Ethnic Day was Celebrated on 25-4-2014 Many Students Participated with great enthusiasm and dressed in Ethic Wear.





A Cell organized a Special Lecture on Importance of Breast feeding in association with the Inner Wheel Club of Tumkur. On 7-8-2014 Dr Laitha renowned Gynecologist of Tumkur delivered a lecture and enlighten the students about the Importance of Breast feeding.





A Special Programme on Eye Donation and Eye Protection was organized in association with Tumkur Ophthalmic association, Tumkur. Dr Shubha spoke on the Occession.

#### 2015

The Year 2015 begun with the Celebration of Vivekananda Jayanthi on 12-1-2015 in association with Ramakrishna ashrama Tumkur. Sri Sridhar Ret Depty Joint Director Income Tax Dept Bangalore inaugurated. He spoke on the Ideologies of Swamy Vivekananda to the Students. Prof Nalinakshi Principal, Precided the function.

### ಪ್ರಕಟಣೆಯ ಕೃಪೆಗಾಗಿ

12.01.2015

ಸಂಪಾದಕರು/ವರದಿಗಾರರು ಮಾನ್ಯರೆ

ಶ್ರೀ ಸಿದ್ಧಗಂಗಾ ಮಹಿಳಾ ಕಾಲೇಜಿನ "ಮಹಿಳಾ ಸಬಲೀಕರಣ ಘಟಕ" ಹಾಗೂ ರಾಮಕೃಷ್ಣ ವಿವೇಕಾನಂದ ಆಶ್ರಮದ ಸಹಯೋಗದಿಂದ ಸ್ವಾಮಿ ವಿವೇಕಾನಂದರ 152ನೇ ಜನ್ಮ ದಿನದ ಅಂಗವಾಗಿ "ರಾಷ್ಟ್ರೀಯ ಯುವದಿನ"ವನ್ನು ಆಚರಿಸಲಾಯಿತು. ಸಂಪನ್ಮೂಲ ವ್ಯಕ್ತಿಯಾದ ಶ್ರೀಯುತ ಶ್ರೀಧರ್ ನಿವೃತ್ತ ಜಂಟಿ ನಿರ್ದೇಶಕರು, ತೆರಿಗೆ ಇಲಾಖೆ, ಬೆಂಗಳೂರು ಇವರು ವಿವೇಕಾನಂದರ ವಿಚಾರವಾಗಿ ಉಪನ್ಯಾಸವನ್ನು ನೀಡುತ್ತಾ ವಿದ್ಯಾರ್ಥಿಗಳ ಜೀವನದಲ್ಲಿ ನವಸೂತ್ರಗಳನ್ನು ಅಳವಡಿಸಿಕೊಳ್ಳಬೇಕೆಂದು ತಿಳಿಸಿದರು. ಕಾರ್ಯಕ್ರಮದ ಅಧ್ಯಕ್ಷತೆಯನ್ನು ಪ್ರೊ.ವಿ.ನಳಿನಾಕ್ಷಿ, ಪ್ರಾಚಾರ್ಯರು, ವಹಿಸಿಕೊಂಡಿದ್ದರು. ಸಹ ಪ್ರಾಧ್ಯಪಾಕರಾದ ಶ್ರೀಮತಿ ಸಿ.ವಿ.ಶಕುಂತಲ ರವರು ಸರ್ವರನ್ನು ಸ್ವಾಗತಿಸಿದರು ಹಾಗೂ ವಿದ್ಯಾರ್ಥಿನಿಯಾದ ಕು.ಅನಿತ ತೃತೀಯ ಬಿ.ಎ. ಹೆಚ್.ಇ.ಕೆ. ಇವರು ಕಾರ್ಯಕ್ರಮವನ್ನು ನಿರೂಪಿಸಿದರು.

ವಂದನೆಗಳೊಂದಿಗೆ,

ಪ್ರಾಂಶುಪಾಲರು



On 14-3-2015 World Womens Day was Celebrated in Akkamahadevi Seminar Hall. Smt Neela Vice Precident, All India Janavadi Womens Movement and Popular Columnist, inaguarated and address the students in enriching and empowering their individuality in carrier as well as in their personal life.



The Riffle Shooting Training was Conducted from 14-7-2015 for 10 days in association and support of the District Police Department Tumkur. On 18-9-2015 the Certificates was distributed for the Riffle Shooting trainees on the occasion of Inaugural function of the Spoorthi 2015.



2015 by Sri karthik Reddi Superindent of Police Tumkur. Prof Nalinakshi Principal SSCASCW Precided over the function.





#### 2016

On 26-3-2016 World Womens' Day was Celebrated in the college. This year in order to bring awareness and Importance of the day, a Debate Competition was Organized on the topic of "Women In Nation Building". Smt Tabassum jahaera KAS Asst Commissioner, koratagare, inaugurated the function. She interacted with the students and spoke about how to prepare for competitive examinations. Prof Nalinakshi Principal SSCASCW Precided over the function.





Women Empowerment Cell in its continous activity, Riffle Shooting training was organized from 4-8-2016 to 18-8-2016 for the students. was organized in association with District Police Department On 8-9-2016 and Certificates were distributed.



International yoga day was celebrated on 26<sup>th</sup> june 2016 at 8:30 AM in the campus. Volunteers of Siddisamadhi yoga Kendra Tumkur, demonstrated few yogasanas, meditation, pranayama that can be adapted by every student to improve concentration and perform better in their exams.

The Women Empowerment Cell for the the academic year 2016-17 was inaugurated on 9-8-2016 by Smt manjula manasa President Karnataka state womens Commision. She enlightened the girl students of our college with their rights and duties and facilities provided from the Govt and legal proceedings in India. on this occession women empowerment logo was released.



An interactive session on the topic youth and Gynecologist Vijaya Hospital Tumkur. She spol teenagers, Dr D.N.Lokesh babu well known psycr



teenagers, Dr D.N.Lokesh babu well known psychiatrist Shena Mano Vikasa Kendra Tumkur. He spoke on influence of physical and mental changes due to hormonal Imbalance.



The International Womens' Day was celebrated on 9-3-2017 and smt parvathamma Circle Inspector of Police, Lady Police Station Tumkur was the chief guest of function, who enriched and boost our students to be confident in all situations in life. Dr D N yogeeshwarappa Principal SSCASCW Precided over the function.



International yoga day was celebrated on 26<sup>th</sup> june 2017 at 8:30 AM in the campus. Volunteers of Shree Pathanjali yoga Kendra Tumkur, demonstrated few yogasanas, meditation, pranayama that can be adapted by every student to improve concentration and perform better in their exams.





#### (2016-2017)

A Work Shop on Gender Sensitization awareness Programme was organized in association with NMKRV PG Study Center NMKRV College Bangalore on 20-07-2017

Prof Indiramani Ret Director and HOD Women PG Study Center NMKRV College gave the key note address. The function was followed by a Motivative Power Point Presentation on Gender Sensitization which was on eye opener for our Girl Students towards their determination for their carrier building.

In the third session an interactive session, the Speker DR S P Shrimati and Smt Roopa broke the myth among the students regarding the do's and don't's of a girl child in the Society. Certificates were distributed to the Participants.





A talk on Prevention of Suicidal Tendency was org

District Counseling Center District Hospital Tumkur, was organized on 7-9-2017. A Counseling Session was conducted by the Psychiatrist from the District Hospital.



The cell organized Eye Donation and Eye Protection awereness programme on 12-2-2018 in association with Lions Club and DR Manjunath Ophthalmologist District Hoispital Tumkur, he motivated the students to donate eye by becoming members of local Eye Clubs.





13-3-2018 World Womens' Day was celebrated in association with Yuva Brigade Tumkur. Kumari Swathi State Communicating Officer, Sister Nivaedita Trust, Yuva Brigade Spoke on the "Role of Women in Nation Building" and her talk was followed by a PPT on the Most Successful Women of the World and their challenges.





#### 2018-2019

On 30-7-2018 the Women Empowerment Cell was inaugurated by Sri M D Monoj kumar, Trainer of Karnataka Police Department. Fitness and Self defence Training Center. Bangalore who gave a demonstration on the basic techniques in Self Defence for our girl students in Public Places. Dr D N Yogeeshwarappa Principal SSCASCW Presided over the function.





# SREE SIDDAGANGA COLLEGE OF ARTS SCIENCE AND COMMERCE FOR WOMEN

#### **WOMEN EMPOWERMENT CELL**

# **Activities conducted by Women Empowerment Cell**

#### 2013-14

SI NO	DATE AND YEAR	NAME OF THE PROGRAMMES	collaboration with
1	11-10-2013	International Women's Day	Women and child welfare department.
2	30-01-2014	Self defense is an art	Yosa Training Institute Bangalore.
3	14-2-2014	Handloom Awareness	Ministry of textiles Government of India.
4	26-2-14	10 days Rifle shooting Training Program me	District Police Department.
5	28-3-14	International women's day.	
6	25-4-2014	Ethnic day	
7	7-8-2014	A Talk on importance of Breast feeding	Inner wheel club Tumkur.
8	21-9-2014	Eye protection and Donation awareness Programme	Tumkur ophthalmic association. Tumkur.

## 2015

SI NO	DATE AND		
	YEAR	PROGRAMMES	In collaboration with
1	12-1-2015	Celebration of Vivakananda Jayanthi	Ramakrishna ashrama
			Tumkur.
2	14-3-2015	International Women's Day.	
3	14-7-2015	Riffle shooting Training Programme	District Police Department
			Tumkur.
4	18-9-2015	Distribution of Rifile shooting certificates	
5	17-8-2015	Inaguaration of women empowerment cell	
		function	

# 2016

SI NO	DATE AND YEAR		
		PROGRAMMES	In collaboration with
1	26-3-2916	International Women's Day.	
2	4-8-2016 to 18-82016	Riffle Shooting Training Programme	District Police Department
3	8-9-2016	Distribution of Rifile shooting	
		certificates	
4	9-8-2016	Inauguration of women	
		empowerment cell by manjula manasa	
		Presedent of women empowerment	
		Government of Karnataka	

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SI NO	DATE AND		
	YEAR	PROGRAMMES	In collaboration with
1		Interactive session on the topic Youth and	
	10-2-2017	mind.	
2	9-3-2017	International womens Day. Smt	
		Parvathamma Circle police inspector (Lady	
		police station Tumkur.)	
3	20-7-2017	A workshop on Gender Sensitization	N. M.K R.V WOMENS P G
		awareness Programme.	STUDIES CENTER
			BANGALORE.
	7-9-2017	Prevention of Suicidal Tendency	Disritict Councelling
			Center Tumkur District
			Hospital Tumkur.

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SI NO	DATE AND		
	YEAR	PROGRAMMES	In collaboration with
1	13-3-2018	International Women's Day.	YUVA BRIGADE Tumkur.
2	12-2-2018	Eye protection and donation awareness	Lions club and Doctors of
		Programme	District Hospital Tumkur.
3	30-7-2018	Inauguration of Women Empowerment Cell	Trainer of Karnataka police
		by M. D. Monoj Kumar.	Department. Fitness and
			Self defence training
			center. Bangalore.