

SREE SIDDAGANGA COLLEGE OF ARTS, SCIENCE, AND COMMERCE FOR WOMEN

Dr. Sree Sree Shivakumara Swamiji Road, Tumakuru-572102. Karnataka

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E-mail: sscasc.women@gmail.com

Accredited by NAAC with "B+" Grade

Alumni Association (R.)

ALUMNI ACTIVITIES- 2023-24 (ODD SEM)

- 1. One day Workshop Report 21-12-2023
- 2. One day workshop on "Guidelines for the preparation of Self study report" 29-12-2023
 - a) Alumni contribution

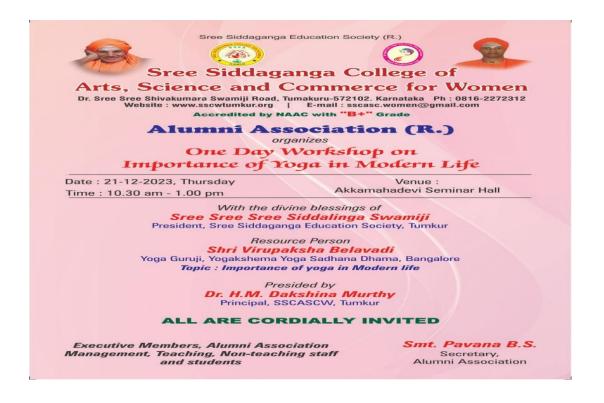
1. One day Workshop Report on Importance of Yoga in Modern Life' - 21-12-2023

In this technology almost every individual leading a modern life. In the busy schedule all are neglecting the health life. Thus to improve health, without any side effects 'yoga' is necessary. Now a day's Yoga making sound in every corner of the world.

Therefore, To Create awareness about the importance of 'yoga' Sree Siddaganga college of Arts Science and Commerce for Women Tumkur, Alumni Association (R.) Conducted "One Day Workshop on 'Importance of Yoga in Modern Life' for Students on 21-12-2023 Thursday at Akkamahadevi Seminar hall.

In this Workshop Chief Guest and Resource Person Shri .Virupaksha Belavadi Yoga Guruji gave a Informative Seminar on the mentioned topic. He is from Chikkamangaluru District . He is the founder of Yogakshema yogasadana dhama yoga Centre at Bangalore. He is one of the successful yoga teacher honoured by many reputed Institutions and T V channels.

This Program was presided by Dr. H M Dakshinamurthy, Principal SSCASCW Tumkur also the President of Alumni Association. Organised by the Secretary Smt. Pavana B S and All the Executive Members of the Alumni Association is also took part in the Program.





Sree Siddaganga College of Arts, Science and Commerce for Women,

Tumakuru ALUMNI ASSOCIATION (R.)

(DRTU/SOR/402/2017-18)



One day Workshop on 'Importance of Yoga in Modern life'

This is to certify that ________o

Sree Siddaganga College of Arts, Science and Commerce for Women, Tumkur has attended one day workshop

on 'Importance of Yoga in Modern life' held on 21st December, 2023 arranged by

Alumni Association, SSCASCW, Tumkur.

Smt. Pavana B.S. Secretary, Alumni Association Sri Virupaksha Belavadi

Chief Guest

Dr. H.M. Dakshina Murthy

Principal











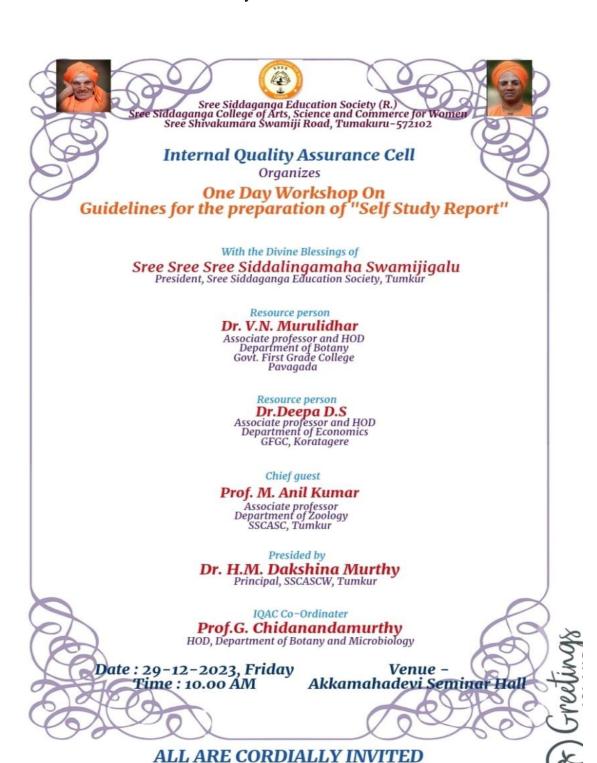






2. One day workshop on "Guidelines for the preparation of Self study report"- 29-12-2023

The Alumni Association of Sree Siddaganga college of arts science and commerce for women keeps track of most of the Alumni's from different array and has always tried to reach the alumni in order to build a continued relationship with the students who have been successful intellectually and career wise as well.



ALUMNI CONTRIBUTION

Dr. Deepa D. S, alumni of SSCASCW, Associate Professor and HOD, Department of Economics, GFGC Koratagere is one such pride of the college. Dr. Deepa was invited as a resource person for a one day workshop on "Guidelines for the preparation of Self study report". Dr Deepa was issued the letter of appreciation on this occasion at SSCASCW. Dr. Muralidhar V N, Associate professor and HOD, Department of Botany, GFGC Pavagada did the honours of felicitating Dr. Deepa for her effortless contribution in NAAC preparation. The Alumni Association of SSCASCW feels proud of Dr. Deepa D S and takes the pride of her achievements.



Department of Collegiate Education

Government First Grade College of Arts, Science & Commerce, Sira-572137 Affiliated to Tumkur University, Karnataka

Dr. V. N. Murulidhar, MSc, MPHII, PhD, FSESC

Head of the Department of Botany Chairman, BOE [Botany] Member, BOS [Botany & En Sci]

Letter of Appreciation



Dr. DEEPA D S MA, Ph.D Head of the Department of Economics & Institutional IQAC Coordinator

Department of Botany deems it to be delighted to honour her intelligentsia, who obtained doctoral degree from Bangalore University, professing Economics for over a decade under whose bestowed teaching and mentoring ample of graduates were chiselled, authored good number of research articles and book chapters,

presented dozen of Research papers in National and International conferences, despite visited few institutions on academic assignments is Dr. Deepa D.S, served Government First Grade College, Tyamagondlu in various capacities aside academics. Added to this, being institutional coordinator of Internal Quality Assurance Cell she has nurtured inherent magnanimous virtues such as professional ethics, belongingness, sincerity and enthusiasm which are of prime importance in creating quality circles in higher educational institutions and required to be followed by the contemporaries and new recruits.

Consistent, meticulous and pivotal attempt made by her in completing Self Study Report is commendable where she was instrumental in obtaining B+ grade to the College in its first cycle of assessment by National Assessment and Accreditation Council. Her diligence and scrupulous approach as IQAC coordinator has set a benchmark for the successors during post accreditation period for nourishment and augmentation of quality in broad-spectrum in the institution

Being worked as IQAC & NAAC Steering committee coordinator for two subsequent cycles of assessment and accreditation by NAAC, I know the limitations and constraints of an IQAC coordinator in Government institutions. Positioned in analogous circumstances Dr. Deepa used to have marathon useful debates for clarifications to complete the herculean task to the best of her ability. In order to adore her talent I am honoured to felicitate and admire the achiever on her success and plead her to adopt recent pedagogical methods to cope up with changes in higher education policies beside accreditation techniques and work to the expectations of the institutions in particular and the society in general during her endeavours

When her Saga of success was brought to the notice of Prof. D. Chikkatimmaiah and Dr. R. K. Ramesh Babu, formerly Director and Regional Joint Director respectively, figured themselves as best academic administrators who strictly adopted morality, ethicacy, transparency and cleanliness in teaching and administration in the Department of Collegiate Education in Karnataka, admired her hard work and joined me to venerate and felicitate Dr.Deepa on 5th September 2022 on the auspicious occasion of Teachers Day on her attainment and wholeheartedly consented to affix their signatures to this citation

Let omnipotent almighty shower all blessings on Dr. Deepa D.S in the years ahead. We wish her all the best in her accomplishments during the remaining part of her professional hurtle

Le Lauret John

Dr.R. K. Ramesh Babu

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Prof. D. Chikkatimmajah

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1	T.R. Hemalethi	Lec- Kannada	9844099940	T.R. Herry
2	Dr. Shaxuntlale Cor	Asst profesion	9740584169	
3.	Ahaleja HG.	Physics	9986173172	dalge
4	X Harsharhee	Commerce	9632168655	WD, +
5.	Smitha . N	Micobiology	9741360273	Will in
6.	Huma B.C	Bolamy 81	6364884708	Hima Be
7.	Soumyas	Chemistry	9449021368	Sorts
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8	Pallau T.P	D BSc [MCe]	8896941699	Palbu.
3	Navya.R	III BSc (MCS)	9113094711	NougaR.
4.	Fahima Afreen	TIT BSC [PM]	6363497687	Falcina afreer
5.	Panitha.M.V	III BSC (MCe)	9686725438	
6.	Deepika HN	III BSc[PM]	7204882204	
4.	parina K.s	III BS [PM]	8904493975	Chriga 11-5
8.	chasi tha. A.	III BSC [HCS]	8396646117	charitha st.
9.	Dhanushree. S	III BSC [PCS]	8088228918	Dhanushrus.
10.	Sinchana . V.R	TIL BSC [PM]	9972443127	Sinchana V.R.
11	Suchitha	TI BSc [B.Bt]	9380669525	Suchithan
13	Threneshra Noc	III BSC [BIBt]	8214058381	Threed he Wal
13	Pradeepthis 2	The Bac [BZ]	7195090464	Paradeepthr. 3. A
14	Harshitha P.J	TII BSC (132)	6362711074	
15.	Nagasthee N.G	III BA (EE)	9686003726	Nogashare NG
16	G. Swama	III BSC [PM]	63 66619138	sheowrney'
17	Siddaganga M.P	I BSC [PM]	8088201115	Siddagangg
18	Jeevetha. M	I BSC [C,Mb]	9740528270	Jeanth. M
19	Mehak Fathima	III B. Sc [C.B]	9113809351	Melot Thina
20.	Spoorthy, R	III BSC ((2)	812345592	S Spoorthy.R
21.	Nº harika R	III BSC (ZMb)	861822743	3 Niharita R
22.	Vasavi. H.N	III BSC [ZM6]	7483200 450	Vasari H.N
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28	Varsha, s.g	TIL BCom [C2]	7-195944289	Water .
29	Ananya K.P	III B. Com (C2)	9019849894	de de
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31	Gagana. C. N	III B (OM(C2)	7760784252	Gray L.
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33	Punya. D.K	TIT Brom (1	6363145585	Punya
34	Tej Dwini.	II BCom CI	7411161774	Tejo,
35.	Tejarhusni. M.	JU Beam CI	8867800907	
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44	Manasa. c M	111 BA(EE)	9108613374	Mandals a cm
45	Chinemani SA	AN BA (FE)	9353971899.	Chinemani SA
46.	Dandini. N	III B.A (EE)	8050968206	Nasdin N
47	Sindhu.m.R	IIBA(HP)	8431351228	4
48	Meghana-H-D	TIBA (HP)	8105678707	Mighay.
49.	Chitra M.S.	TIT BA (HP)	807344243432	Chiles
50.		III BA CHP)	9110211531	
51	Shivagonga C.p.	IN BACSPO	6360378131	
52	Bhumika	III BA CHPJ	843143957	8 P



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54.	·Sakshi . S	SPIIIBA	9880475983	Sew
55.	Anutree . K. H	SPIII BA	886112938	See
56	Dhanushree Bs	SP TIT BA	7975281112	-
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59	Aighwariah, m.R	TH B.A (H.P)	720HH6H103	Alchure seel mi
60	Veera. H.R	II BA CH.P)	9353835303	Veera. H.R.
61	chamdama.H.	TII B.A (H.P)	8105144882	&
62	Lawanya m.w .	亚 B.A (SP)	8217686244	Lananya MN
63	Haershitha . R.	III B.C.A	9110403171	Harshittak
64	Gagana la A	TII BCA	8088926849	and a
65	Nithya Tejagier	IDBLA	7899422270	Shyategasi
66	Prhyanka.k.P	IR BCA	2019661106	Propontail.D
67	VijayalakshmiN	TUBCA	6360801074	
68	L'endramma T.R	_TUBC¥	8792143365	Lauchama Fit
69	Rachana, M	TITIBOA	9535218583	Rachana. M
70	Rachitha.M	TUBCA	6364602096	Rachotha M
71	Hema. D.M.	MBCA		Mena.D.M.
72	Mayang. N	W BCA	953589350	
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Sree Siddaganga college of Arts, Science and Commerce for women. Tumakuru

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79	Manushree G	BCA V Sem	8073926071	Manustreel G
80	Shoetla KR	BCA VSem	The same of the sa	Shwetla-K.P.
81	Sinchana. K.S.	BCB VBem	9353796319	Strokama. A.
82	Soundarya K.S	BCA VSem	7829142173	Soundaryaks
8.5	Sangeetha.D	BCA VSem		Sangee tha D
84	Chaithan ya.B	B. A V Scan	854983538	2 Cht Hany
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ಯೋಗಕ್ಷೇಮ ಯೋಗ ಮತ್ತು ನ್ಯಾಚುರೋಪ್ಪತಿ ರಿಸರ್ಚ್ ಸೆಂಟರ್ ಪ್ರಶ್ನೆ ಪತ್ರಿಕೆ

Yogakshema

ಹೆಸರು: ರೆ ಚಿತ್ರವಿಂ

ದಿನಾಂಕ: 11-12-23

- 1. ಈ ಕೆಳಗಿನ ಎಲ್ಲ ಪ್ರಶ್ನೆಗಳನ್ನು ಮೊದಲಿಗೆ ಸರಿಯಾಗಿ ಓದಿಕೊಳ್ಳಿ ನಂತರ ಉತ್ತರಿಸಿ.
- 2. ಮೇಲೆ ನಿಮ್ಮ ಹೆಸರು ಮತ್ತು ದಿನಾಂಕವನ್ನು ಬರೆಯಿರಿ
- 3. ಈ ದೇಶದ ಪ್ರಧಾನ ಮಂತ್ರಿ ಯಾರು ?
- 4. ಈ ರಾಜ್ಯದ ಮುಖ್ಯ ಮಂತ್ರಿ ಯಾರು?
- 5. ನಮ್ಮ ಯೋಗ ಶಿಕ್ಷಕರ ಈ ತರಬೇತಿ ಶಿಬಿರ ಶುರುವಾದ ದಿಸಾಂಕವನ್ನು ಒಮ್ಮೆ ಜೋರಾಗಿ क्टं की
- 6. ನಿಮ್ಮ ತಂದೆ ತಾಯಿಯ ಹೆಸರನ್ನು ಬರೆಯಿರಿ.
- 7. ನಿಮ್ಮ ಇಷ್ಟವಾದ ಗುರುಗಳ ಹೆಸರನ್ನು ಜೋರಾಗಿ ಹೇಳಿ
- 8. ಯೋಗದ ಆದಿಗುರು ಯಾರು ?
- 9. ಯೋಗ ಪಿತಾಮಹ ಎಂದು ಯಾರನ್ನು ಕರೆಯುತ್ತಾರೆ?
- 10. ಸೂರ್ಯ ನಮಸ್ಕಾರದಲ್ಲಿ ಒಟ್ಟು ಎಷ್ಟು ಆಸನಗಳಿವೆ?
- 11. ನಿಮಗೆ ಇಷ್ಟವಾದ ತಿಂಡಿಯ ಹೆಸರನ್ನು ಒಮ್ಮೆ ಜೋರಾಗಿ ಹೇಳಿ.
- 12. ಭಾರತಕ್ಕೆ ಯಾವಾಗ ಸ್ವಾತಂತ್ರ್ಯ ಬಂದಿತು?
- 13. ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವವನ್ನು ಯಾವಾಗ ಆಚರಿಸುತ್ತಾರೆ?
- 14. ನಿಮ್ಮ ಹೆಸರನ್ನು ಒಮ್ಮೆ ಜೋರಾಗಿ ಹೇಳಿ.
- 15. ಇದೀಗ ಇಲ್ಲಿರುವ ಮೊದಲಿನ ಪ್ರಶ್ನೆಯಂತೆ ತಮ್ಮ ಪ್ರಶ್ನೆ ಪತ್ರಿಕೆಯನ್ನು ಸಂಪೂರ್ಣವಾಗಿ ಒದಿದ್ದೀರಾ. ಈಗ ಯಾವುದೇ ಪ್ರಶ್ನೆಗಳಿಗೆ ಉತ್ತರಿಸದೆ ಹಾಗೆಯೇ ಬಿಟ್ಟು ಬಿಡಿ.