



Sree Siddaganga Education Society (R.)

Estd. 1982

Sree Siddaganga College of Arts, Science and Commerce for Women

(Affiliated to Tumkur University)

Re-accredited with
Grade **B+**

B.H. Road, Tumkur-572102. Karnataka Ph: 0816-2272312 E-mail : sscasc.women@gmail.com Website : www.sscwtumkur.org

Name of the Programme	Resource person	Date of the programme	Number of students Participants
PCOS/PCOD Awareness and Management	Dr Jeevan Reddy J T MBBS , MS(OBG) , DMAS Associate Professor and Consultant Obstetrician and Gynaecologist Shridevi Institute of Medical Sciences and Research Hospital. Tumkur	06-09-2025	115



Sree Siddaganga Education Society (R)

Sree Siddaganga College of Arts, Science and Commerce for Women

B.H Road, Tumkur-572102, Karnataka
(Re-accredited by NAAC with B+ grade)

Health Education and Counselling cell In association with

IQAC
Organizes

Health Awareness program
on :

PCOS/PCOD Awareness and management

Date : 06-09-2025
Time : 11.00- 1.00 PM

Venue :
PU seminar hall

Resource Person

Dr. Jeevan Reddy J T

MBBS , MS(OBG) , DMAS,

Associate Professor and Consultant Obstetrician and Gynaecologist
Shridevi Institute of Medical Sciences and Research Hospital
Tumkur

Presided by

Dr. H.M. Dakshinamurthy

Principal, SSCASCW, Tumakuru

IQAC Coordinator

Prof. Sheela K.P

Convenor

Smitha N

Department of Microbiology

ALL ARE CORDIALLY INVITED



Sree Siddaganga Education Society (R.)
Estd. 1982

Sree Siddaganga College of Arts, Science and Commerce for Women

(Affiliated to Tumkur University)

Re-accredited with
Grade **B+**

B.H. Road, Tumkur-572102. Karnataka Ph: 0816-2272312 E-mail : sscasc.women@gmail.com Website : www.sscwtumkur.org

To,
The IQAC Co-ordinator
SSCASCW
Tumkur

Date: 03-09-2025

Respected Sir,

Subject: Permission for organizing Health awareness program.

The Health Education and Counselling cell is intend to conduct **Health Awareness program on "PCOS/PCOD Awareness and management"** on 06-09-2025. We request the IQAC to accept the conduct of the Program and forward it to the principal for permission and necessary help.

Thanking you


IQAC
Co-ordinator
IQAC / NAAC
SSCASCW, Tumkur,



Sree Siddaganga Education Society (R.)

Estd. 1982

Sree Siddaganga College of Arts, Science and Commerce for Women

(Affiliated to Tumkur University)

Re-accredited with
Grade **B+**

B.H. Road, Tumkur-572102. Karnataka Ph: 0816-2272312 E-mail : sscasc.women@gmail.com Website : www.sscwtumkur.org

TO
The Principal
SSCASCW
Tumkur.

Date: 03-09-2025

Through IQAC of the college

Respected Sir

Subject: Permission for organizing Health awareness program.

The Health Education and Counselling cell of our college is willing to organize **Health Awareness program on the topic "PCOS/PCOD Awareness and management"** on 06-09-2025. This event aims to raise awareness on PCOS and PCOD. So kindly request you sir to permit us to conduct this program and do the needful.

Thanking you

Santhya. N



Sree Siddaganga Education Society (R.)

Estd. 1982

Sree Siddaganga College of Arts, Science and Commerce for Women

(Affiliated to Tumkur University)

Re-accredited with Grade **B+**

B.H. Road, Tumkur-572102. Karnataka Ph: 0816-2272312 E-mail : sscasc.women@gmail.com Website : www.sscwturnkur.org

MEMO

HEALTH EDUCATION AND COUNSELLING CELL

(In Association with IQAC)

Organizes







Health Awareness program on : PCOS/PCOD Awareness and management

The Health Education and Counselling cell committee organized a health awareness program on "PCOS/PCOD Awareness and management" to the students of our college on 06-09-2025 at 11.00 A.M in PU Seminar hall. All the teachers and students are invited to participate in this programme.


Convenor


IQAC Coordinator


Principal
PRINCIPAL 04/09/25
Sree Siddaganga College of Arts
Science and Commerce for Women
B.H. Road, Tumkur.

- | | |
|-----------------|--|
| 1. Janardhana. |  |
| 2. Sheela K.P | II BA  |
| 3. B. Manjunath | II BA  |
| 4. Preethi | II B.Com C & G  |
| 5. Sheela K.P | II Bsc |
| 6. Nalini | II BCA  |
| 7. Hemalatha | II BSc CBZ  |
| 8. gati | II-BSc PCM |



Sree Siddaganga Education Society (R.)

Estd. 1982

Sree Siddaganga College of Arts, Science and Commerce for Women

(Affiliated to Tumkur University)

Re-accredited with
Grade **B+**

B.H. Road, Tumkur-572102, Karnataka Ph: 0816-2272312 E-mail : sscasc.women@gmail.com Website : www.sscwtumkur.org

HEALTH EDUCATION AND COUNSELLING CELL (In Association with IQAC)

Organizes

Health Awareness program on the topic: PCOS/PCOD Awareness and management

Venue: PU Seminar hall

Date: 06-09-2025

Time: 11.00 A.M

Invocation	:	Rashmi and Sowdarya from BSc students
Welcome by	:	Smitha N
Inauguration	:	By Guests
Guest introduction	:	Harsha Y.C
Speech by Chief Guest	:	Dr Jeevan Reddy J T MBBS , MS(OBG) , DMAS Associate Professor and Consultant Obstetrician and Gynaecologist Shridevi Institute of Medical Sciences and Research Hospital. Tumkur
Presidential Address	:	Dr. H.M Dakshinamurty Principal, SSCASCW
Vote of thanks	:	Prema C Lecturer, Department of Commerce



Sree Siddaganga Education Society (R.)
Estd. 1982

Sree Siddaganga College of Arts, Science and Commerce for Women

(Affiliated to Tumkur University)

Re-accredited with Grade **B+**

B.H. Road, Tumkur-572102, Karnataka Ph: 0816-2272312 E-mail : sscasc.women@gmail.com Website : www.sscvtumkur.org

Date: 06-09-2025

HEALTH EDUCATION AND COUNSELLING CELL (In Association with IQAC)

Organizes

Health Awareness program on: PCOS/PCOD Awareness and management

SL.NO	NAME	SIGNATURE
1	Rakshittha.G	Rakshittha
2	Manasa.R	Manasa.R
3		
4	Maanya.c	Maanya.c
5	Nishu.n	Nishu.n
6	Pallavi, H.K	Pallavi, H.K
7	Gangamma.G	Gangamma.G
8	KEERTHANA.N	KEERTHANA.N
9	Kamakshi	Kamakshi
10	Deepthi Shree T.C	Deepthi Shree T.C
11	Rushika.U	Rushika.U
12	Lakshmi, M.R	Lakshmi M.R
13	Harshitha, K.V	Harshitha K.V
14	Thangalakshmi K.V	Thangalakshmi K.V
15	Anjana Priya . B (B.Sc)	Anjana Priya . B (B.Sc)
16	FABEEN (BSc-II)	FABEEN
17	Bhanu Priya . S.D	Bhanu Priya . S.D
18	Bhavya.B.M	Bhavya.B.M
19	Anitha Lakshmi B.S	Anitha Lakshmi B.S
20	Manya.N	Manya.N
21	Rufiya	Rufiya
22	Saniya sultana	Saniya
23	Pooja Shree V.D	Pooja Shree V.D
24	Sushmitha.G	Sush
25	Pooja.K.J	Pooja.K.J
26	Shree Lakshmi.V	Shree Lakshmi.V
27	Sukrutha.B.S	Sukrutha.B.S
28	Lakshmi bai	Lakshmi bai
29	pushpalatha.U	pushpalatha.U
30	Deepu.D.R	Deepu.D.R
31	Saniya Khanum.	Saniya Khanum



Sree Siddaganga Education Society (R.)

Estd. 1982

Sree Siddaganga College of Arts, Science and Commerce for Women

(Affiliated to Tumkur University)

Re-accredited with Grade **B+**

B.H. Road, Tumkur-572102, Karnataka Ph: 0816-2272312 E-mail : sscasc.women@gmail.com Website : www.sscatumkur.org

Date: 06-09-2025

HEALTH EDUCATION AND COUNSELLING CELL

(In Association with IQAC)

Organizes

Health Awareness program on: PCOS/PCOD Awareness and management

SL.NO	NAME	SIGNATURE
32	Geetha M.	Geetha M.
33	Indrakumar H.B	Indrakumar H.B
34	Pooja.P	Pooja.P.
35	Navyashree M.R	Navyashree M.R
36	Amulya.B	Amulya.B
37	Mahalakshmi	Mahalakshmi
38	Spoorthi.S	Spoorthi.S
39	Bhavya S.R	Bhavya S.R
40	Anusha.HR	Anusha.HR
41	Meghana.R	Meghana.R
42	Saba Shaikh	Saba Shaikh
43	Ashad Banu.Z	Ashad Banu.Z
44	Meghana.S	Meghana.S
45	Srinidhi.HR	Srinidhi.HR
46	Nayana.R.Gowda	Nayana.R.Gowda
47	A.Azbiya Fathima	A.Azbiya Fathima
48	Ummi Jara	Ummi Jara
49	Ayesha Munarara.P	Ayesha Munarara.P
50	Chaitheya.A.N	Chaitheya.A.N
51	Amulya Khanum	Amulya Khanum
52	Lavanya T.R	Lavanya T.R.
53	Leelitha K.G	Leelitha K.G
54	Sadiya Naz	Sadiya Naz
55	Manya.S.N	Manya.S.N.
56	Komal.K.J	Komal.K.J
57	Rakshita.J	Rakshita.J
58	Harshitha.H.R	Harshitha.H.R
59	Shwetha.S	Shwetha.S
60	Ramya.V	Ramya.V
61	Sandhya.S	Sandhya.S
62	Sandhya G.V	Sandhya G.V.
63	Roopa.N	Roopa.N.
64	Prathusha.N	Prathusha.N
65	Nikhitha H.N	Nikhitha H.N
66	Varsha	Varsha
67	Shaziya Muttan	Shaziya Muttan
68	Syeda Saba Kountan	Syeda Saba Kountan



Sree Siddaganga Education Society (R.)

Estd. 1982

Sree Siddaganga College of Arts, Science and Commerce for Women

(Affiliated to Tumkur University)



B.H. Road, Tumkur-572102, Karnataka Ph: 0816-2272312 E-mail : sscasc.women@gmail.com Website : www.sscwtumkur.org

Date: 06-09-2025

HEALTH EDUCATION AND COUNSELLING CELL

(In Association with IQAC)

Organizes

Health Awareness program on: PCOS/PCOD Awareness and management

SL.NO	NAME	SIGNATURE
1	Aishwarya K.L	A
2	Pushpalatha V.G	Pushpalatha V.G
3	Rakshitha M	Rakshitha M
4	Bhoomika.C (C1)	Bhoomika.C
5	Deekshitha.S (C1)	Deekshitha.S
6	(C1) Bhavanashree.B.R	Bhavanashree B.R
7	Keerthana	Keerthana
8	Khushi A.R	Khushi A.R
9	Maanya G.R	Maanya G.R
10	Akanksha.S	Akanksha.S
11	Pavithra.C	Pavithra.C
12	Keerthana.P	Keerthana.P
13	Girija.	Girija
14	Aishwarya.S D2 (C1)	A.
15	Chandana.H.S (C1)	Chande
16	Keerthana.S (C1)	K.
17	Kusuma (C1)	Kusuma
18	Harshitha.M (C1)	H.
19	Pavithra.G.L	P.
20	Manasa.P	M.
21	Rinika	R.
22	Jyoti.K.R	J.
23	Sukrutha.	S.
24	Manya.A.S	Manya.A.S
25	Fathima Banu	Fathima Banu
26	Rushda	R.
27	Vaseeha Samreen	V.
28	Zony	Zony
29	Syeda Saniya Raana	Saniya Raana
30	Shobha H.D	Shobha H.D.
31	Gagana K.C	Gagana K.C
69	Saara Jalak.	Saara Jalak.

Handwritten Signature
PRINCIPAL
PRINCIPAL

Sree Siddaganga College of Arts
Science and Commerce for Women
B.H. Road, TUMKUR.

Sree Siddaganga College of Arts, Science and Commerce for Women, Tumkur

Health Education and Counselling Cell

Inauguration



Session



Interaction



**Sree Siddaganga College of Arts, Science and Commerce for
Women, Tumkur
Health Education and Counselling Cell**

**REPORT
Health Awareness Program**

The **Health Education and Counselling Cell** of *Sree Siddaganga College of Arts, Science and Commerce for Women, Tumkur*, in association with **IQAC**, organized a **Health Awareness Program** on “PCOS/PCOD Awareness and Management” on 6th September **2025** at the **PU Seminar Hall** from **11:00 AM to 1:00 PM**.

The session was conducted by the **Resource Person, Dr. Jeevan Reddy J.T**, Associate Professor and Consultant Obstetrician & Gynaecologist, Shridevi Institute of Medical Sciences and Research Hospital, Tumkur.

The program was **presided over by Dr. H. M. Dakshinamurthy**, Principal, SSCASCW.

Prof. Sheela K. P as the **IQAC Coordinator**,

The session aimed to create awareness among students about the symptoms, causes, complications, and management of PCOS/PCOD, highlighting the importance of early diagnosis, life style modifications, and medical guidance. The event was informative and beneficial for students' health education.


PRINCIPAL
PRINCIPAL
Sree Siddaganga College of Arts
Science and Commerce for Women
B.H. Road, TUMKUR.

2025-26

EVALUATION SHEET				
Items	Excellent	Good	Fair	Needs improvements
1.The items that were part of the programme		✓		
2. Quality of facilities	✓			
3. Time utilization	✓			
My thoughts on this programme				

The information provided was very useful and informative.

0	1	2	3	4	5	6	7	8	9
								✓	

2025-26

Items	Excellent	Good	Fair	Needs Improvements
1.The items that were part of the programme		✓		
2. Quality of facilities	✓			
3. Time utilization		✓		
My thoughts on this programme				

The thoughts by Dr. Jeevan Reddy sir was very helpful to us.

0	1	2	3	4	5	6	7	8	9
								✓	

EVALUATION SHEET

My thoughts on this programme

My overall rating of this programme (Tick a box) (0=least possible score, 9= highest possible score)

EVALUATION SHEET

My thoughts on this programme

My overall rating of this programme (Tick a box) (0=least possible score, 9= highest possible score)

[illegible]