



Sree Siddaganga Education Society (R.)



Estd. 1982



Sree Siddaganga College of Arts, Science and Commerce for Women

(Affiliated to Tumkur University)

Re-accredited with
Grade **B+**

B.H. Road, Tumkur-572102, Karnataka Ph: 0816-2272312 E-mail : sscasc.women@gmail.com Website : www.sscwtumkur.org

HEALTH AWARENESS PROGRAMME 2018-19

SL.NO	Name of The Programme	Resource Person	Date of The Programme	Number of Student Participants
1.	Infatuation to lack of concentration among young students	Dr. Mathangi BGS Global Hospital Bangalore. Dr. Sharath Vishwaraj Psychiatrist.	11-07-2018	80
2.	Dental Health Checkup	Youth Red Cross wing, Tumkur	20-08-2018.	60
3.	Free Health Checkup	Ashwini Ayurvedic Hospital Tumkur	23-02-2019	40

Report

Infatuation to lack of concentration among young students.

Co-ordinator : Smt.Shahnaz Fathima

Members : Kum.Harshitha

Kum.Manjula

Kum.Nayana

Special Invitee: Dr.Mathangi.M.D. B.G.S.Global Hospital. Bangalore.

Venue : PU Auditorium

Report:

On 11.07.2018 the program was organised in our Akkamahadevi seminar hall. The program was inaugurated by the principal Dr.D.N. Yogeeshwarappa

The program was held in three sessions the 1st session was for BA students between 9.00 to 10.30. The 2nd session was for B.Sc & BBM students between 11.00 to 12.30 and the third session was for B.Com students between 12.30 to 2.00PM.

Invocation was by Kum.Farha, Kum.Devika welcomed the gathering, Kum.Chinmayee introduced the guest of the day Dr.Sharath Vishwaraj M.D. Smt.Shahanaz Fathima gave an introduction about the programme.

Dr.Sharh Vishwaraj M.D. (Psychiatry) spoke extensively about the problems of adolescents ranging from infatuation to lack of concentration among youngsters. He also answered all the questions posed by the students and clarified all their doubts.

Smt. Shahanaz Fathima spoke about the female reproductive system, menstruation, personal hygiene, conception, contraception and also about human values.

The feedback was taken by the students. The students greatly appreciated the program.

Kum.Devika proposed the vote of thanks. The Principal felicitated Dr.Sharath Vishwaraj.

**SREE SIDDAGANGA COLLEGE OF ARTS SCIENCE & COMMERCE
FOR WOMEN, TUMKUR-2.**

MEMO

DATE: 07.07.2018

"Health Awareness Programme" is Organized for IInd year degree students of Arts/Science /Commerce & BBM on **11th July 2018.**

All Students are hereby informed to attend without fail.

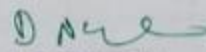
Time: 10 to 11.30 AM

II BA/BSc Students

Time: 12 to 1.30 PM

II B,Com/BBM Students

Venue: Akkamahadevi Seminar hall


Principal
Sree Siddaganga College of Arts
Science and Commerce for Women
B.H. Road, TUMKUR.

Class:

II BA HEP / HEK / HES/ SEP/ HEE

II B.SC PCM/ PMCS/ CBZ/ CZM/ CBBT

II B,COM C1/ C2/ C3

II BBM

2018



HEALTH AWARENESS PROGRAMME FOR II YEAR DEGREE STUDENTS

2018-19

Items	Excellent	Good	Fair	Needs improvement
1. The items that were part of the programme		✓		
2. Quality of facilitators	✓			
3. Time utilization		✓		

My thoughts

My thoughts on this programme

Advice was good. Information was good.
Useful program. Interaction was good.

My overall rating of this programme (Tick a box) (0= least possible score, 9= highest possible score)

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0	1	2	3	4	5	6	7	8	9
									✓

HEALTH AWARENESS PROGRAMME FOR II YEAR DEGREE STUDENTS

2018-19

Items	Excellent	Good	Fair	Needs improvement
1. The items that were part of the programme		✓		
2. Quality of facilitators	✓			
3. Time utilization		✓		

My thoughts on this programme

Useful programme very informative, good advice by teachers

My overall rating of this programme (Tick a box) (0= least possible score, 9=highest possible score)

[illegible]

Dental Awareness Camp

Dental awareness camp has been organized at Akkamahadevi seminal hall on 20-aug-2018.



The Health education and council cell organized Dental Health checkup camp on 20-08-2018 in association with Youth Red Cross wing .

Free Health checkup camp -2019



ತುಮಕೂರು ಜಿಲ್ಲಾ ಆಯುರ್ವೇದ ವೈದ್ಯಕೀಯ ಪದವಿಧರರ ಸಂಘ (ರಿ.)
ಅಪ್ಪಿನಿ ಆಯುರ್ವೇದ ಮೆಡಿಕಲ್ ಕಾಲೇಜು ಮತ್ತು ಆಸ್ಪತ್ರೆ, ತುಮಕೂರು.
ದಿ ಸದ್‌ವೈದ್ಯಶಾಲಾ ಪ್ರೈ. ಲಿಮಿಟೆಡ್, ನಂಜನಗೂಡು

ಇವರ ಸಂಯುಕ್ತಾಶ್ರಯದಲ್ಲಿ

ಮಹಿಳಾ ಸಬಲೀಕರಣ ಘಟಕ

ಶ್ರೀ ಸಿದ್ಧಗಂಗಾ ಮಹಿಳಾ ಪದವಿ ಕಾಲೇಜು, ತುಮಕೂರು.
ವಿದ್ಯಾರ್ಥಿನಿಯರಿಗೆ, ಬೋಧಕ ಮತ್ತು ಬೋಧಕೇತರ ಸಿಬ್ಬಂದಿಗೆ

ಉಚಿತ ವೈದ್ಯಕೀಯ ತಪಾಸಣೆ ಮತ್ತು ಔಷಧಿ ವಿತರಣೆ

ದಿನಾಂಕ 23-02-2019 ಶನಿವಾರ

ಸಮಯ : ಬೆಳಿಗ್ಗೆ 9.30 ಕ್ಕೆ

ಉದ್ಘಾಟನೆ : ಡಾ. ಡಿ. ಎನ್. ಯೋಗೀಶ್

ಪ್ರಾಂಶುಪಾಲರು, ಶ್ರೀ ಸಿದ್ಧಗಂಗಾ ಮಹಿಳಾ ಕಾಲೇಜು, ತುಮಕೂರು.

ಮುಖ್ಯ ಅತಿಥಿಗಳು : ಶ್ರೀ ಎನ್.ಬಿ. ರಾಮಗೋಪಾಲ, ವ್ಯವಸ್ಥಾಪಕ ನಿರ್ದೇಶಕರು,

ದಿ ಸದ್‌ವೈದ್ಯಶಾಲಾ ಪ್ರೈ. ಲಿ., (ಬಿ.ಎ.ಪಂಡಿತ್) ನಂಜನಗೂಡು.

ಡಾ. ಚಿತ್ತರಂಜನ್, ಹಿರಿಯ ಆಯುರ್ವೇದ ವೈದ್ಯರು, ತುಮಕೂರು.

ಡಾ. ಹೆಚ್.ಎಂ. ಹರೀಶ್, ಪ್ರಾಂಶುಪಾಲರು,

ಅಪ್ಪಿನಿ ಆಯುರ್ವೇದ ಮೆಡಿಕಲ್ ಕಾಲೇಜು ಮತ್ತು ಆಸ್ಪತ್ರೆ, ತುಮಕೂರು.

ಡಾ. ಮಮತಾ ಹೆಚ್.ಎಂ. ಎಂ.ಎಸ್. (ಆಯು),

ಪ್ರೊಫೆಸರ್, ಎ.ಎ.ಎಂ.ಸಿ.ಹೆಚ್., ತುಮಕೂರು.

ಅಧ್ಯಕ್ಷತೆ : ಡಾ. ಬಿ. ನಂಜುಂಡಸ್ವಾಮಿ, ಹಿರಿಯ ಆಯುರ್ವೇದ ವೈದ್ಯರು ಹಾಗೂ
ಅಧ್ಯಕ್ಷರು, ತುಮಕೂರು ಜಿಲ್ಲಾ ಆಯುರ್ವೇದ ವೈದ್ಯಕೀಯ ಪದವಿಧರರ ಸಂಘ.

ವೈದ್ಯಕೀಯ ಸೇವೆ : ಡಾ. ಪ್ರಕಾಶ್ ಪಾಲ್ವೆ, ಎಂ.ಡಿ. (ಆಯು)

ಪ್ರಾಧ್ಯಾಪಕರು, ಅಪ್ಪಿನಿ ಆಯುರ್ವೇದ ಮೆಡಿಕಲ್ ಕಾಲೇಜು ಮತ್ತು ಆಸ್ಪತ್ರೆ, ತುಮಕೂರು.

ಡಾ. ಶಿಲ್ಪ, ಎಂ.ಡಿ. (ಆಯು), ಭುವಿ ಆಯುರ್ವೇದ ಆಸ್ಪತ್ರೆ, ತುಮಕೂರು.

ಡಾ. ಡಿ.ವಿ. ಆನಂದ್, ಎಂ.ಡಿ. (ಆಯು)

ವಿಜಯ ಆಯುರ್ವೇದ ಆಸ್ಪತ್ರೆ, ತುಮಕೂರು.

ಡಾ. ಬಾಳೇಷ್ ಬಿಳಿವಲೆ, ಎಂ.ಡಿ. (ಆಯು)

ಡಾ. ಶ್ವೇತಾ ಎಸ್. ನಾಯಕ್, ಎಂ.ಡಿ. (ಆಯು),

ಡಾ. ರಶ್ಮಿ ಎನ್.ಪಿ., ಎಂ.ಡಿ. (ಆಯು),

ಡಾ. ಶ್ವೇತಾ ಡಿ. ನಾಯಕ, ಎಂ.ಡಿ. (ಆಯು),


ಮತ್ತು ಸ್ನಾತಕೋತ್ತರ ವೈದ್ಯ ಹಾಗೂ ವೈದ್ಯ ವಿದ್ಯಾರ್ಥಿಗಳು,
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